

PACIFIC NORTHWEST Adult League E-Newsletter

Read the latest news regarding Adult Competition in the Pacific Northwest!



NTRP National Champion!

Congratulations to Devin Reilly!

Southwest Washington's Devin Reilly has been a busy man! Devin competes on several USTA PNW League teams throughout the year but also keeps his singles game sharp by competing regularly in tournaments around the Pacific Northwest. Devin's hard work has paid off with a well deserved National Championship at the recent NTRP Adult Nationals in Surprise, Arizona.

Devin shares his story from his amazing result at NTRP Nationals:

I won!!!

1st place in this year's NTRP National Championship for Men's 3.0 40 & Over Singles.

Tournaments are a different atmosphere than league play. You're playing alone or with your doubles partner, so the pressure is a little higher. Lose one match and it may be over. Win and you may have a few matches in a weekend with increasing difficulty as you climb the bracket; many more if you register for multiple brackets. The competition is fun but the camaraderie is my favorite part. You see many of the same people and we're all supporting one another despite possibly being in the same bracket.

I started playing individual tournaments a few years ago and first competed in the National Championship in 2022 in San Diego. I placed 7th that year. My second Nationals was in 2023 at the amazing USTA National Campus in Orlando, FL on Har-Tru Clay. I placed 4th. Better but still room to climb. The 2024 Nationals was in Surprise, AZ. Another USTA Premier Facility.

The format is Fast 4 which is basically 2 of 3 sets to 4 games instead of 6 games. You first play in a round robin against 3-4 other players. Mine was a 5 player round robin group. The winner from each of the groups goes on to play the championship single elimination bracket. The 2nd, 3rd, etc. go on to other corresponding playoff brackets. My first opponent was a local who was used to playing outdoors, in higher temperatures and at higher altitude. And he had a reverse serve that bounced into you unexpectedly. Fortunately, my backhand was with me and I was able to reset the point. Won that match 4-0 4-1. Great start! Won my second with a withdrawal and that was it for day 1.

Day 2 started out more difficult. I lost the first set and won the second in a set tiebreak, so we played a third set. In Fast4 you play another set, not a tiebreaker. Unfortunately, my opponent from Michigan won the third set and the match. I thought my goal of winning the National

Championship this year was over with that loss. My opponent had a 3-1 record, and I had 2-1 with just one match to go. It seemed he would go on to the championship because the best I could do would be 3-1 if I won my final match. Breaking the tie between us both at 3-1 would use the head-to-head record, so he had me. My daughter, Lilla, encouraged me to not worry about it and just play; maybe there was still a way. She was right! If I won my final match against the undefeated member of our round, from California, who beat the player who beat me, then we'd have a 3-way tie at 3-1 with each of us having a head-to-head loss. The next tiebreaker for us was sets and, if I won in straight sets, then I'd beat them both. I did and made it to the Championship single elimination bracket.

Semifinals was my third match on Saturday. It was only my opponent's second, so maybe he had a slight benefit. He was from Georgia, so the mid-afternoon heat wouldn't be a factor for him. I came out swinging and moving him around well. Took the first set 4-0. Backed off in the second set and lost 2-4, so I had to turn it back up in the 3rd. Several of my regular tournament friends from PNW and new friends from this tournament were cheering me on, along with my daughter, and this helped me come back to win the 3rd set 4-1. Phew! Almost there. One match to go!

My opponent in the finals on Sunday, from Tennessee, came in fresh with just one match on Saturday, whereas I'd had three. I won the first set 4-1, then backed off and was down 0-2 in the second. Lilla was still cheering me on and doing the one-person wave which gave me the encouragement I needed. I turned it around and won 4-2. I share this trophy with her.

Congratulations to Devin and his daughter Lilla!

If you want to know more about Adult tournaments in the PNW and how to qualify for NTRP Nationals, you can find that information [HERE](#).



2024 Section Championship T-Shirt Design Winner!

Congratulations to Yuki!

An annual tradition for those fortunate to advance to a Sectional Championship is to receive the much coveted Sectional T-Shirt! Worn with pride, these t-shirts represent a lot of hard work and sometimes a bit of good fortune to have achieved the feat of advancing to the tournament where players will compete against the best in the PNW. The 2024 Sectional T-Shirt will definitely be one that everyone looks to add to their wardrobe.

Our 2024 Section Championship T-Shirt design winner is Yuki Chen. With over 150 designs entered in this year's contest, Yuki's was voted the top design. Over 1,600 USTA PNW players voted in this year's contest.

From Yuki:

Wow! I'm super honored to be chosen out of all the great designs!

I'm a digital product designer and on the side try to have some fun with graphic design and illustrations. I've recently wanted to become more active and have been trying out new activities such as tennis, and a family friend who is part of USTA recommended me this competition. Having gone hiking in the PNW I really loved the landscape, mountains, and lakes and wanted to incorporate that with elements of tennis.

Congratulations Yuki!

The Roving Eye:

Medical Timeout Procedures

In this installment of The Roving Eye, we ask Tony Hernandez, one of the most experienced tennis officials in the PNW; **how league players should handle Medical Timeouts when there isn't an official present.**

Q: Tony, what should league players do when a player becomes injured in a match?

A: *Without an official to monitor the time, here are some simple rules to follow:*

Medical Time Out (MTO). Quick and Easy – Treatment time is three (3) minutes, once the medical issue has been evaluated and it has been determined that the player will be able to continue playing after the treatment.

Tricky details – The entire stoppage of play(injury evaluation and treatment) should NOT exceed 15 minutes. So, if supplies/ice/bandages are needed for treatment, there should be some sort of “speedy” behavior to get the supplies to the court.

Q: Who can treat the injury?

A: *Anyone that the player decides can help them, hopefully someone with medical/first aid training, but not necessary. And, NO coaching during an MTO.*

Q: What happens if a player has a cut and is bleeding?

A: *Bleeding Time Out (BTO) is a separate issue, but again, has the 15 minute time limit to stop the bleeding, and clean all clothing, equipment, and court of blood/body fluids.*

Q: What happens after the 15 minute time limit has elapsed and the injured player is not ready to resume play?

A: *After 15 minutes, if the player is not ready to return to the court to continue their match, they need to retire. The primary concern is and always should be for the health and well-being of the injured player. Tennis is secondary. Take care of yourself and your injured teammate by helping them to come back another day and play tennis.*

Q: What else can a player’s teammate do to help?

A: *If a player is injured and in need of medical assistance, teammates should step in to assist with getting the player to the hospital or urgent care. A player can also contact the injured players family if they are unable to do so themselves. Finally, a teammate should make sure that the facility staff where the injury occurred has all of the information they need in order to file their incident report.*

Q: Any final advice for players?

A: *Make yourself a small first aid kit that you can keep in your tennis bag, and be willing to share if your opponent requires some of those supplies when you are playing a match. 15 minutes is the reasonable time to spend on the entire MTO, and it is a good idea to actually time the three minute treatment period. Officials say “Two minutes” “One minute” and “30 seconds” to politely let the players and person treating the injury how much time is remaining.*

We always hope that our tennis matches are fun and free of any injuries, but in the event that they do happen, follow Tony's advice and tend to your injuries or your teammates injuries within the time limits, and always with the player's well-being in mind.

GiveBig Part 2!

"Who knew giving to USTA PNW could be such BIG fun?" - said everyone

May is Tennis Month, and we are thrilled to announce the totals from our GiveBIG 48-hour giving marathon. We raised over \$18,500 to support need-based tennis scholarships for kids ages 5-17 in Washington State.

We feel pretty good about that. And you should too!

We couldn't have done it without the support of our amazing members and donors like you. Thanks to the generosity of 76 donors, USTA PNW will be able to provide 148 kids with access to 592 hours of free on court instruction through our facility scholarship program that serves kids throughout Clark and Pierce Counties.

If you missed our giving event, do not worry! **You still have time to participate and make a positive impact.** Our giving initiative, which aims to support and promote the growth of tennis, will remain open until May 31st. Donor support plays a vital role in ensuring that financial challenges never stop children in our community from accessing tennis courts and pursuing their tennis-related interests.

Give today - your gift can be made in honor of teammates, family or friends. Let's unite to make this year's Tennis Month an unforgettable celebration of the impact and delight that tennis brings.

Thank you!

To find out more about supporting tennis in your community contact Monica Baker at mbaker@pnw.usta.com



USTA PNW Supports Spokane Non-Profit

Outreach Grant Brings Tennis to Local Community

The Tennis Association of Greater Spokane (TAGS), received a 2023 Fall Grant from the USTA PNW and used those funds to hold an introductory tennis clinic for the members of the Spokane THRIVE International. THRIVE International is a locally based non-profit organization which provides transitional housing and services to refugee and immigrant communities in Spokane, Washington. One of its primary missions is to empower refugee women and youth to thrive here in the United States. In partnership with a generous community outreach grant from the Pacific Northwest USTA, TAGS is committed to bringing tennis to local communities that otherwise might not ever have the opportunity to learn about the “life long” benefits of physical exercise through playing tennis.

The clinic was held on February 3rd at the Parkfit Athletic Club, Central Park, where volunteers helped twenty-eight THRIVE youth and adult participants learn about the benefits of tennis. For the majority, this was their first experience holding a tennis racket. The THRIVE members were made up of refugees and immigrants from the Congo, Kenya, Sudan, Tanzania and Ukraine. Players were introduced to the forehand and backhand. In addition to the two basic strokes, drills, games and a session rallying with the ball machine kept everyone actively involved. Once

the ninety minute clinic was concluded, a pizza party was held in the club lounge. Before departing, each child picked out a tennis gift and received a new can of tennis balls to take with them.

The next USTA PNW grant cycle opens May 1st. More information about the USTA PNW community support, via the National Tennis Month grant cycle, can be found by [clicking here](#).

The 2024 Arthur Ashe Kids Day Volunteer Application, 2024 Net Generation Kids on Court Application, and the 2024 Coin Tosser/Trophy Holder Applications are live.

Find all the details and application links below. Please note all expenses are the responsibility of the participant (s).

- [2024 Arthur Ashe Kids Day Volunteer Application](#) - Application Deadline: Friday, July 19th at 11:59 pm EST. If you have any questions about the application, please email AAKDvolunteer@usta.com
- [2024 Net Generation Kids on Court Application](#) - Application Deadline: Friday, June 7th, 2024 at 11:59 pm EST. If you have any questions about the application, please email netgenerationoncourtexperience@usta.com
- [2024 Coin Tosser/Trophy Holder Applications](#) - Application Deadline: Friday, June 7th, 2024 at 11:59 pm EST. If you have any questions about the application, please email netgenerationoncourtexperience@usta.com

For more information about Arthur Ashe Kids' Day, visit www.arthurashekidsday.com.



Get Your USTA PNW Gear

New Items Available In Our Storefront!

It's time to update your on-court and off-court wardrobes in preparation for the Summer season. Visit the USTA PNW storefront [HERE](#), and grab your new gear. There are several new items and a selection of our best sellers to choose from that will look great and allow you to show off your love for tennis in the PNW.

Happy shopping!



USTA PNW RecTennis!

Summer Tennis Camps for Juniors and Adults!

Join USTA PNW RecTennis for a Summer Tennis Camp at your local park or school. Whether your kids are new to tennis or have some experience, they'll have fun learning the sport of tennis from skilled instructors, group instruction that boosts confidence, improves coordination, and promotes a healthy lifestyle. Everyone is welcome and all equipment is provided. It's affordable, fun, and scholarships are available. Register today!

More News from USTA Pacific Northwest!

Our New Development Newsletter!

Our quarterly e-newsletter from USTA PNW's Development Office will showcase stories of the many ways your generosity makes an impact on the PNW tennis community!

Sign up to Subscribe!



Fred Meyer Rewards Program

Supporting Tennis in the PNW

Did you know that you can support tennis in the Pacific Northwest through the Fred Meyer Community Rewards program? Here's how:

Fred Meyer Rewards Program

You can support the USTA Pacific Northwest Section when you shop with your Fred Meyer Rewards Card. Supporting tennis in the Pacific Northwest is as simple as updating the Fred Meyer Community Rewards selection on your digital account

Link your Rewards Card is as easy as 1-2-3:

1. Sign into your Fred Meyer digital account and visit the Community Awards page found [here](#)
2. Search for "USTA Pacific Northwest Section" or enter code: QP973
3. Click Enroll.

Every time you shop, a portion of your purchase will be donated to USTA PNW and help support the growth of tennis in the Pacific Northwest all without disrupting your fuel points.

Learn more at fredmeyer.com/community-rewards

Archive:

Read more about what's going on in the PNW!

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[September 2023 Newsletter! - What type of Doubles Partner are you?, Thank You Coco!, Coordinator's Corner, Walk Up Song, What Is Flex Singles?, Do You Know The Rules?](#)

[August 2023 Newsletter! - Register Fall Leagues, Sportsmanship Shines in the PNW, Summer and Fall Tournaments, John McEnroe Speech, Coordinator's Corner, Junior Pathway, Vote Facility and Captain of the Year!](#)

[June 2023 Newsletter! - Father's Day Tribute, 2023 US Open Giveaway, Become an Official, Help Wanted!, Summer Season, Roving Eye, Coordinator's Corner](#)

[May 2023 Newsletter! - NTRP Doubles Championships, Mother's Day, T-Shirt Design Winner, Award Nominations](#)

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[March 2023 Newsletter! - Part 2: National Champions, Tennis News, Roving Clinic, Tournament Season, Defenders](#)

[February 2023 Newsletter! - Shine a Light On Sportsmanship!, Tennis Growth: Live Long & Prosper, T-Shirt Design Contest, Part 1: National Champions, The Roving Eye: Foot Fault](#)

[January 2023 Newsletter! - National Champions, Captain of the Year Female, Captain of the Year Male, Sportsmanship Award, Facility of the Year, 2023 Tournament Calendar!](#)

[December 2022 Newsletter! - Captain Marvel, T-Shirt Design Contest, Coach Developer Workshop, USTA PNW #1, Store Front Reminder, SWW Mixed 18 Playoff Recap](#)

[November 2022 Newsletter! - My Tennis Journey, Summer Flex Singles Recap, 2023 League Registration, USTA Member Benefits, The Roving Eye](#)

[October 2022 Newsletter! - Bananas, Around the League, Nominations, Event Spotlight, Ball Hopper](#)

