

PACIFIC NORTHWEST Adult League E-Newsletter

Read the latest news regarding Adult Competition in the Pacific Northwest!



2024 T-Shirt Design Contest!

Design Contest is OPEN! Submit Your Design Today!

We are excited to announce that our 2024 USTA PNW T-Shirt design contest is now officially open! It is time to submit your design with the chance that your artwork will be featured on 2024 USTA PNW Sectional t-shirts and other select items.

Our 2024 Color is Mint Green!

[For more details about the contest and to submit your artwork, click here.](#)

The deadline to submit your design is March 15, 2024.

Best of luck and thank you for participating in our design contest.



Love Is In The Air!

Tennis Brings People Together!

For this special Valentine's Day feature, we highlight three couples who made their love connections out on the tennis courts of the Pacific Northwest. These lucky, lovestruck couples found their forever teammates through USTA League tennis.

There's a saying in tennis, that *Love Means Nothing in Tennis*. For these happy couples, Love Means Everything!

Adam and Kana Waldron wrote about how they found each other through tennis:

Kana and Adam are a happily married couple who share a love for tennis and each other. They met seven years ago at a tennis social in Lynnwood, WA. Adam noticed Kana and felt an instant attraction. They exchanged small talk, and soon Adam invited her to play a 7.0 mixed doubles tournament with him. After months of practice, they realized that they had a natural rapport on and off the court and quickly became inseparable. Kana and Adam triumphed at the 7.0 mixed doubles tournament, defeating their opponents in a thrilling super tiebreaker.

Playing USTA mixed doubles and adult leagues, Kana and Adam discovered that coping with defeat is a daunting challenge that stirs up intense feelings and difficult dialogues, but they manage to overcome it by supporting each other on the court and in life.

Joyfully residing with their two energetic sons, their lovable chihuahua, and their passion for tennis - they hit the courts every week at Forest Crest, their local club in Mountlake Terrace, WA.

For Conor and Lauren, wedding bells are in their near future, and it was tennis that brought them together. The happy couple is proof that you can successfully share the tennis court with your life partner. Congratulations you two!

Lauren wrote:

Connor and Lauren's story began as Tennis Teaching Professionals, where our shared passion for the game marked just the beginning of discovering our common interests. Eventually, we were working and living together; but ironically, we found that playing tennis together would be our biggest challenge.

Navigating mixed doubles initially posed a bit of a challenge, especially since Lauren is decidedly more expressive in her competitiveness. Our court dynamic took some getting used to, with a fair share of eyebrow raises and eye rolls. However, our communication skills evolved not through profound mid-match conversations but by becoming experts at interpreting each other's signals – knowing what to say and, more importantly, what not to say between points.

Tennis played a crucial role in bringing us together, and we're grateful for the journey that led us here and excited for the one that continues as we tie the knot in October! Fortunately, we have a few years ahead for the friendly debate on who will take up the coaching duties for our future kids.



For Jonathan and Winly Ip, a league match reschedule was all it took to get the ball rolling in the right direction. Apparently the reschedule was a success and from the sounds of it, everything after the match has been pretty amazing! This is a lesson for all team captains who struggle with match reschedules!

Jonathan wrote:

We were first brought together while being captains of our USTA mixed teams and working on a reschedule. We had gotten to know each other more and enjoyed each other's company. We always support each other whenever one of us has a league match or tournaments. Although we don't play together too often, we won 2nd place in a mixed open tournament a few months ago.

A huge Thank You to the three couples for sharing their stories.

For those looking to make that special connection, it's clear that tennis is a great way to meet people. Who knows...we may be featuring you in next years' Valentine's Day story?

Happy Valentine's Day!



2023 USTA PNW Captain of the Year Award

Our incredible USTA Leagues in the PNW would not happen without the efforts of our team captains. These unsung heroes repeatedly go the extra mile to build teams that become tennis families. Your efforts are recognized and the outpouring of nominations for our prestigious Captain of the Year award is proof of that.

Congratulations to all nominees and winners, you are making a huge difference in people's lives.

2023 Captain of the Year Award Winners

Alaska: Joaquita Martin

Eastern Washington: Scott Dawson

Northern Oregon: Kristi Tompkins

Northwest Washington: Ozzy English

Southern Oregon: Travis Anderson

Southwest Washington: James Wonneberg

This month, we shine the spotlight on Joaquita Martin from the Alaska region.

Joaquita wrote:

Being honored with the USTA Alaska Captain of the Year Award is in my mind a testimony to the amazing Tennis community we are so blessed to have here in Alaska. I only started playing tennis 4 years ago and have only been playing more seriously in the last year, but I learned the captain's responsibilities by playing for and watching the best captains in Alaska. My goals have always been to first make Tennis fun for everyone on my team and the league in which we play; second, to promote a welcoming atmosphere for newer players in order to build our Tennis community; and finally, to keep our community strong by arranging drilling opportunities to hone skills. I learned from the different captains and players around me, so I see this award as a reflection of the Alaska Tennis community in general.

Congratulations Joaquita and all of our award winners!

To nominate a player for their exceptional on and off court commitment to sportsmanship, you can find the link [HERE](#).



2023 USTA PNW Sportsmanship Award

Your votes for the 2023 USTA PNW Sportsmanship Awards have been counted, and we have winners for each region. Exceptional sportsmanship is a critical element for maintaining fun and fair league play, so it is with great pride that we announce our exceptional sportsmen and sportswomen from the 2023 season.

Congratulations to all nominees and winners, you are making a huge difference in people's lives by being role models to us all.

2023 Sportsmanship Award Winners

Alaska: Joe Buckwalter

Eastern Washington: Brian Cunnington

Northern Oregon: Nikki Nadig

Northwest Washington: Jeff Borgida-Frog & Volley Team

Southern Oregon: Marianne Bradshaw

Southwest Washington: Wendy Clarke

This month, we honor Jeff Borgida/Frog & Volley Team from the Northwest Washington region.

Jeff wrote:

Our chances of making the ATP have long since passed. Just getting out on the court with friends and neighbors for some friendly competition are all we can hope for these days. So being in the right spot at the right time with the right team and being able to do something that will allow ALL of us to get back on the court together for some friendly competition and good times is all we could have hoped for. Frog and Volley is all about the time spent on the court and after, not the result. We hope to see the FULL Mill Creek team back on the court so that we can play them with their full team and enjoy some camaraderie after.

A few comments from Northwest Washington players:

Jeff and HBSQ-Frog & Volley team saved my teammate Dan Wajerski's life when he had a heart attack on the court. They later forfeited all games in favor of my club allowing them to advance to the playoffs.

Way to go Jeff Borgida and the Frog & Volley Team and all of our award winners!

To nominate a player for their exceptional on and off court commitment to sportsmanship, you can find the link [HERE](#).

Spring League Team Registration

Time To Send In Your Team Registration

Does this winter weather have you singing the blues? No worries...Spring is right around the corner. That means for tennis players all over the Pacific Northwest, USTA Spring Leagues will begin play!

Team registration forms are now live on our PNW League websites. Follow the links below to find the Spring leagues in your area. Don't have a team? No problem...just reach out to your Regional League Coordinator and have them help you find a team.

Northwest Washington(Seattle area): [HERE](#)

Northern Oregon(Portland/Vancouver area): [HERE](#)

Southwest Washington(Tacoma/Olympia area): [HERE](#)

Eastern Washington(Spokane, Yakima, Tri-Cities area): [HERE](#)

Southern Oregon(Salem, Eugene, Bend, Ashland area): [HERE](#)

Alaska: [HERE](#)

See you out there this Spring!



Fred Meyer Rewards Program

Supporting Tennis in the PNW

Did you know that you can support tennis in the Pacific Northwest through the Fred Meyer Community Rewards program? Here's how:

Fred Meyer Rewards Program

You can support the USTA Pacific Northwest Section when you shop with your Fred Meyer Rewards Card. Supporting tennis in the Pacific Northwest is as simple as updating the Fred Meyer Community Rewards selection on your digital account

Link your Rewards Card is as easy as 1-2-3:

1. Sign into your Fred Meyer digital account and visit the Community Awards page found [here](#)
2. Search for "USTA Pacific Northwest Section" or enter code: QP973
3. Click Enroll.

Every time you shop, a portion of your purchase will be donated to USTA PNW and help support the growth of tennis in the Pacific Northwest all without disrupting your fuel points.

Learn more at fredmeyer.com/community-rewards

Nike Employee Store Access!

Must be a USTA PNW Member as of January 17, 2024* Invitation is valid for One-Time entry only during the time period. Valid photo ID is required. Each USTA Member may bring their spouse/permanent partner or dependent children under the age of 24. The spouse/permanent partner must also provide valid photo ID. Dependent children must be 22 or younger with the same address, 24 or younger with valid college ID. Any child 15 or older must have some form of ID (i.e. Student Body Card, Driver's Permit, License, etc.).

[Full details here.](#)

Archive:

Read more about what's going on in the PNW!

[January 2024 Newsletter](#)

[December 2023 Newsletter](#)

[November 2023 Newsletter!](#)

[October 2023 Newsletter!](#)

[September 2023 Newsletter!](#) - [What type of Doubles Partner are you?](#), [Thank You Coco!](#), [Coordinator's Corner](#), [Walk Up Song](#), [What Is Flex Singles?](#), [Do You Know The Rules?](#)

August 2023 Newsletter! - [Register Fall Leagues](#), [Sportsmanship Shines in the PNW](#), [Summer and Fall Tournaments](#), [John McEnroe Speech](#), [Coordinator's Corner](#), [Junior Pathway](#), [Vote Facility and Captain of the Year!](#)

June 2023 Newsletter! - [Father's Day Tribute](#), [2023 US Open Giveaway](#), [Become an Official](#), [Help Wanted!](#), [Summer Season](#), [Roving Eye](#), [Coordinator's Corner](#)

May 2023 Newsletter! - [NTRP Doubles Championships](#), [Mother's Day](#), [T-Shirt Design Winner](#), [Award Nominations](#)

April 2023 Newsletter! - [NTRP National Championships](#), [Summer Leagues](#), [EZ Guide](#), [Ring Culture](#)

March 2023 Newsletter! - [Part 2: National Champions](#), [Tennis News](#), [Roving Clinic](#), [Tournament Season](#), [Defenders](#)

February 2023 Newsletter! - [Shine a Light On Sportsmanship!](#), [Tennis Growth: Live Long & Prosper](#), [T-Shirt Design Contest](#), [Part 1: National Champions](#), [The Roving Eye: Foot Fault](#)

January 2023 Newsletter! - [National Champions](#), [Captain of the Year Female](#), [Captain of the Year Male](#), [Sportsmanship Award](#), [Facility of the Year](#), [2023 Tournament Calendar!](#)

December 2022 Newsletter! - [Captain Marvel](#), [T-Shirt Design Contest](#), [Coach Developer Workshop](#), [USTA PNW #1](#), [Store Front Reminder](#), [SWW Mixed 18 Playoff Recap](#)

November 2022 Newsletter! - [My Tennis Journey](#), [Summer Flex Singles Recap](#), [2023 League Registration](#), [USTA Member Benefits](#), [The Roving Eye](#)

October 2022 Newsletter! - [Bananas](#), [Around the League](#), [Nominations](#), [Event Spotlight](#), [Ball Hopper](#)