

PACIFIC NORTHWEST Adult League E-Newsletter

Read the latest news regarding Adult Competition in the Pacific Northwest!



It's Good To Be Alive!

PNW Team Celebrates National Championship

Congratulations to Eastern Washington's Wellness Center Central Park - Leitner team from Spokane on their amazing journey to a National Championship at the Adult 65 & Over 7.0W Nationals!

Team Captain, Janice Leitner chronicles their remarkable season and shares the team's perspective on playing tennis.

"It's Good To Be Alive", embodies our USTA 65+ 7.0 National Championship team's spirit and core belief. Our 2023 season was highlighted by seventeen straight match wins. This team of ten highly competitive, yet gracious players, supported each other and encouraged new skills, focus, and strategies. We consistently took clinics from our pro, Taylor Bedilion, entered local tournaments, and added cross training to our workouts.

We all recognize what a privilege it is to play tennis at this age and have wonderful competitive experiences because of the USTA leagues and tournaments in the Pacific Northwest. We came away from each match having played inspiring women who pushed us to play hard and created opportunities for us to improve our games.

The National Invitational Tournament in Surprise, Arizona was exceptional from beginning to end. The teams from around the United States were unique in their composition and tennis styles. One element that was consistent throughout the National Tournament was a high level tennis with fabulous sportsmanship.

Remember, it's good to be alive, playing tennis, and continuing to improve and grow our games!

Thank you Janice for sharing your story. Your team's spirit should serve as inspiration to all of us!



Welcome To The Leagues Team!

New Alaska League Coordinator

Please join us in welcoming Susan Brunner to the USTA PNW Leagues Team! We are thrilled to have Susan join our amazing team in the role of Alaska Regional League Coordinator.

Susan brings an impressive tennis background, including but not limited to advocacy, coaching, grassroots efforts, and an unwavering passion for the game.

A few of her many achievements in tennis include:

President and founder of Mat-Su Tennis Association 11 years

Head Coach, Colony High School Tennis Program, 9 years

Alaska State Athletics Association Tennis Advisory Board 9 years

Career and Technical Education teacher, MatSu Borough School District 6 years

Educator, K - PostSecondary 30 years

Susan is mom to 3 adult boys, and when not teaching or on the tennis court can be found on an adventure around her home state of Alaska.

Susan is ready to help Alaska tennis players get involved in USTA league play. If you have questions for her or need help finding information on upcoming leagues, please visit the Alaska League website [HERE](#).

Get That Giving Feeling

Make Good Things Happen At USTA PNW

In celebration of May's Tennis Month, USTA PNW is excited to partner with [GiveBIG](#) (May 7-8) to promote and support the development of tennis throughout the state as part of Washington's 48-hour statewide giving marathon. Great things happen for everyone when you give what you can. That's what GiveBIG is all about.

Our mission is to make tennis accessible to all people in every community throughout the Pacific Northwest. As part of our tennis community, we invite YOU to get that great feeling by [making a gift today](#). We've outlined several simple ways you can support USTA PNW during this year's 48-hour giving marathon:

1. Make a Gift: Pre-giving is now open! [Click here to make a gift today](#).
2. Spread the Word: Share this story with your network and encourage them to

support USTA PNW.

3. Be Socially Active: Post on Facebook, tweet with #GiveBIG, and share your love for tennis on social media.

Your generous support will help ensure that everyone has access to the sport we love. Thank you in advance for your participation!

For additional information about GiveBIG or other USTA PNW sponsorship opportunities, check our [FAQ page](#) or contact Monica Baker at mbaker@pnw.usta.com



Here Come Summer Leagues

USTA PNW Registrations Now Open!

From Alaska to Eastern Washington, and from Southern Oregon to Northwest Washington, Summer league teams have started to register for Summer league tennis in the PNW. Portland, Seattle, Tacoma? Yep...summer fun league tennis is right around the corner.

Mixed doubles leagues, Adult 70+, One Doubles and Flex Singles? Yes. Yes. Yes. Yes!

Need help finding a team to play on or want to know more about our flex leagues? Reach out to your Regional League Coordinator and they can help you get started.

Get your team registered now, by visiting the USTA PNW Leagues website [HERE](#) and find out which Summer leagues will be playing in your area.

See you on the courts!



Get Your USTA PNW Gear

New Items Available In Our Storefront!

It's time to update your on-court and off-court wardrobes in preparation for the Summer season. Visit the USTA PNW storefront [HERE](#), and grab your new gear. There are several new items and a selection of our best sellers to choose from that will look great and allow you to show off your love for tennis in the PNW.

Happy shopping!



USTA PNW RecTennis!

Summer Tennis Camps for Juniors and Adults!

Join USTA PNW RecTennis for a Summer Tennis Camp at your local park or school. Whether your kids are new to tennis or have some experience, they'll have fun learning the sport of tennis from skilled instructors, group instruction that boosts confidence, improves coordination, and promotes a healthy lifestyle. Everyone is welcome and all equipment is provided. It's affordable, fun, and scholarships are available. Register today!

More News from USTA Pacific Northwest!

Our New Development Newsletter!

Our quarterly e-newsletter from USTA PNW's Development Office will showcase stories of the many ways your generosity makes an impact on the PNW tennis community!

Sign up to Subscribe!



Fred Meyer Rewards Program

Supporting Tennis in the PNW

Did you know that you can support tennis in the Pacific Northwest through the Fred Meyer Community Rewards program? Here's how:

Fred Meyer Rewards Program

You can support the USTA Pacific Northwest Section when you shop with your Fred Meyer Rewards Card. Supporting tennis in the Pacific Northwest is as simple as updating the Fred Meyer Community Rewards selection on your digital account

Link your Rewards Card is as easy as 1-2-3:

1. Sign into your Fred Meyer digital account and visit the Community Awards page found [here](#)
2. Search for "USTA Pacific Northwest Section" or enter code: QP973
3. Click Enroll.

Every time you shop, a portion of your purchase will be donated to USTA PNW and help support the growth of tennis in the Pacific Northwest all without disrupting your fuel points.

Learn more at fredmeyer.com/community-rewards

Archive:

Read more about what's going on in the PNW!

[March 2024 Newsletter](#)

[February 2024 Newsletter](#)

[January 2024 Newsletter](#)

[December 2023 Newsletter](#)

[November 2023 Newsletter!](#)

[October 2023 Newsletter!](#)

September 2023 Newsletter! - [What type of Doubles Partner are you?](#), [Thank You Coco!](#), [Coordinator's Corner](#), [Walk Up Song](#), [What Is Flex Singles?](#), [Do You Know The Rules?](#)

August 2023 Newsletter! - [Register Fall Leagues](#), [Sportsmanship Shines in the PNW](#), [Summer and Fall Tournaments](#), [John McEnroe Speech](#), [Coordinator's Corner](#), [Junior Pathway](#), [Vote Facility and Captain of the Year!](#)

June 2023 Newsletter! - [Father's Day Tribute](#), [2023 US Open Giveaway](#), [Become an Official](#), [Help Wanted!](#), [Summer Season](#), [Roving Eye](#), [Coordinator's Corner](#)

May 2023 Newsletter! - [NTRP Doubles Championships](#), [Mother's Day](#), [T-Shirt Design Winner](#), [Award Nominations](#)

April 2023 Newsletter! - [NTRP National Championships](#), [Summer Leagues](#), [EZ Guide](#), [Ring Culture](#)

March 2023 Newsletter! - [Part 2: National Champions](#), [Tennis News](#), [Roving Clinic](#), [Tournament Season](#), [Defenders](#)

February 2023 Newsletter! - [Shine a Light On Sportsmanship!](#), [Tennis Growth: Live Long & Prosper](#), [T-Shirt Design Contest](#), [Part 1: National Champions](#), [The Roving Eye: Foot Fault](#)

January 2023 Newsletter! - [National Champions](#), [Captain of the Year Female](#), [Captain of the Year Male](#), [Sportsmanship Award](#), [Facility of the Year](#), [2023 Tournament Calendar!](#)

December 2022 Newsletter! - [Captain Marvel](#), [T-Shirt Design Contest](#), [Coach Developer Workshop](#), [USTA PNW #1](#), [Store Front Reminder](#), [SWW Mixed 18 Playoff Recap](#)

November 2022 Newsletter! - [My Tennis Journey](#), [Summer Flex Singles Recap](#), [2023 League Registration](#), [USTA Member Benefits](#), [The Roving Eye](#)

October 2022 Newsletter! - [Bananas](#), [Around the League](#), [Nominations](#), [Event Spotlight](#), [Ball Hopper](#)

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