



# Understanding the Role Parents Play in Junior Tennis Success.

Institute for the Study of Youth Sports, 2005

## Phase One, The Early Years, Ages 8-11

### Positives

- Provided Transportation
- Provided Emotional, Logistical, and Financial Support
- Provide the Opportunities and the Resources
- Provided Push to Play, but Did Not Pressure
- Exhibited Emotional Control
- Emphasized Fun
- Stressed Good On-Court Conduct

### Negatives

- Were Negative, Yelled, or got Angry
- Place Too Much Pressure on Child, Over-Pushed
- Lost Healthy Perspective (sometimes over-involved)

## Phase Two, The Middle Years, Ages 13-17

### Positives

- Provided Transportation
- Provided Emotional, Logistical, and Financial Support
- Provide the Opportunities and the Resources
- Provided Push to Play, but Did Not Pressure
- Exhibited Emotional Control
- Stressed Good On-Court Conduct
- Provided Supplemental Coaching/Instruction
- Kept Tennis in Perspective
- Ensured Good Coaching
- Stressed/Instilled Hard Work

### Negatives

- Too much Tennis Talk
- Emphasized Winning/Results\*\*\*
- Pressured Child\*\*\*
- Reacted Emotionally at Matches
- Restricted Player's Social Life
- Were Negative/Critical\*\*\*
- Were Over Involved (didn't give enough space to player)\*\*\*
- Moved for Player's Tennis Development Which Negatively Affected Him/Her and the Family